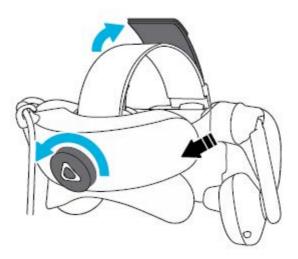
Putting on the VIVE Pro HMD



Before putting on the headset, make sure that you've peeled off the protective film from the lenses.

 Loosen the strap by rotating the adjustment dial counter-clockwise, and then detach the velcro fastener on the top band.

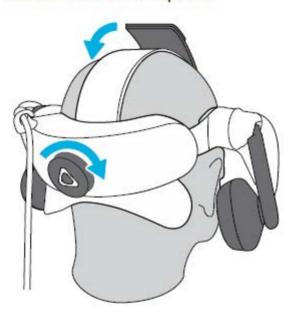


Press the headset towards your eyes, and then slide the strap around the back of your head.



10 Headset and link box

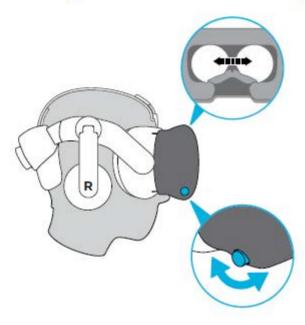
Rotate the adjustment dial clockwise until the headset fits snugly, and then reattach the velcro fastener on the top band.



Adjusting the IPD on the headset

Interpupillary distance (IPD) is the distance between the center of the pupils in your eyes. A quick way to get an estimate is by facing a mirror and holding a millimeter ruler against your brow. Use this measurement as a guide to adjust the distance between the lenses of the headset so that you'll have a better viewing experience.

To change the distance between the lenses, rotate the IPD knob.



As you adjust the IPD, you'll see information displayed in the headset that indicates the current distance between the centers of the lenses.

Can I wear my prescription glasses while using VIVE Pro?

Most glasses fit inside the headset. If you wear large prescription glasses, adjust the lens distance to increase the space in the headset.



Make sure that no part of your glasses scratch the headset lenses.

Adjusting the lens distance on the headset

If you wear large prescription glasses or have long eyelashes, you may need to increase the lens distance further from your face. Only increase this distance as necessary, as the closer the lenses are to your eyes, the better your field of view will be while wearing the headset.



- Make sure that no part of your glasses scratch the headset lenses.
- Do not attempt to adjust the visor without pressing the lens distance button.

Press and hold the lens distance button on the headset, and then pull or push the visor to adjust the lens farther or closer to your face.

